



Tune your guitar

Get extra practice with Guitar 2 Online!



Guitar 2 - Strums for Absolute Beginners

Your Sure Fire Practice Plan:

1. Play your warmup at a pace you can succeed at
2. Review your new skills
3. Play along with your new song
4. Review your graduation requirements and celebrate your progress
 *go to nycguitarschool.com/members for practice tips and videos

Warm Up Exercises

1. **Chord Review** - Strum each chord once and hold for 4 full counts

□	□	□	
D	G	Em	
□	□	□	
C	D7	Am	
□	□	□	
C	A	E	

2. **Sub Division Exercise** - Using a G major chord, alternate between a measure with one whole note strum followed by a measure of the alternate strum, and repeat four times

□
G

□ v □ v □ v □ v x4

3. **Fretting Exercise** - Using string 1, play whole notes on the open string, frets 1, 2, and then finally 3, and repeat four times

□ □ □ □ x4

0 1 2 3

T
A
B

Graduation Skills

Basic Strum - Play the Basic strum on a G major chord for two full measures

□ □ v □ □ v □ □ v □ □ v

| **G** |

Best Strum - Play the Best strum on a G major chord for two full measures

□ □ v v □ v □ □ v v □ v

| **G** |

Split Measure Strum - Play the Best strum on a G major then use the basic strum for a split measure with C major and D major

□ □ v v □ v □ □ v □ □ v

| **G** | **C** **D** |