NewYorkCity GuitarSchool
Online Worldwide — Live in New York City

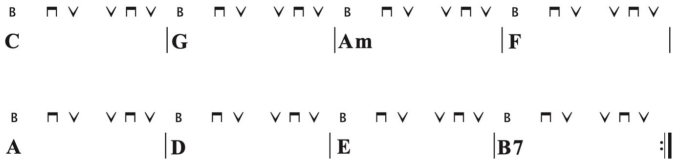
go to nycguitarschool.com/members for practice tips and videos.

Your Sure Fire Practice Plan:
1. Play your warmup at a pace you can succeed a
2. Review your new skills
3. Play along with your new song
4. Review your graduation requirements and celebrate your progress

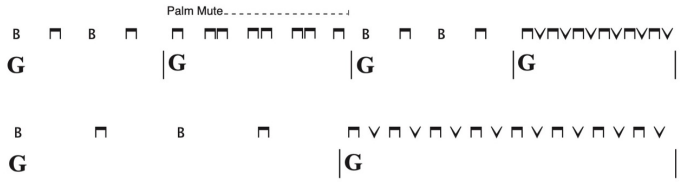
Guitar 8 - Barre Chord Basics for Advanced Beginners

Warmup Exercises

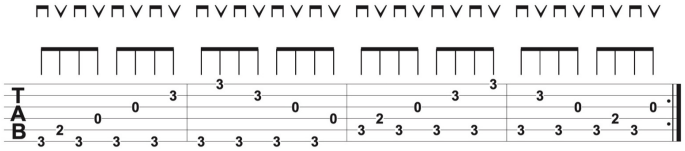
Chord Review - Use the bass best strum to play through the progression.



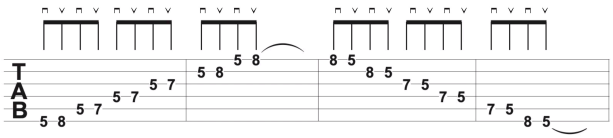
Subdivision Exercise - Using the G major chord, alternate a bass strum with the palm muted shuffle, alternating triplet strums, and alternating sixteenth note strums



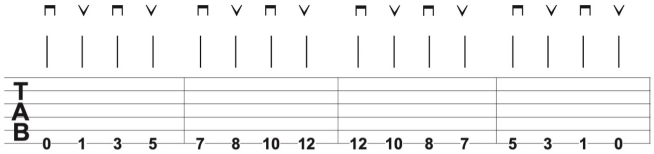
Picking Exercise - Using the G add 5 chord and the C add 9 chord, arpeggiate through the chord so that every other note is the bass note of the chord



Fretting Exercise - Using eighth notes, play up and down through the A minor pentatonic scale in the fifth position

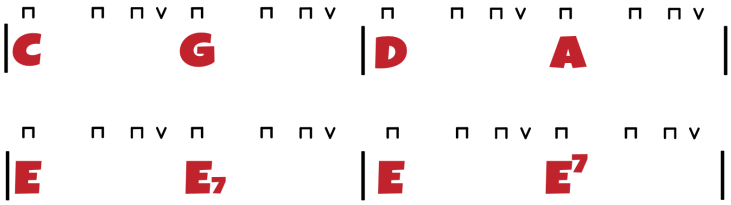


Barre Exercise - To reinforce the 6th string barre chord note locations, use your pointer finger to play up and down the string, say the note names out loud as you play



Graduation Exercises

Modified Cycle of 5ths - Play this progression with the E Form Barre Chord, starting with C in the eighth position, and finishing with an op E and E7 chord using your last three fingers



Bo Diddley Strum - Using scratches and left hand dampening, play 4 measures of the classic clave inspired Bo Diddley Strum

Andalusian Cadence - Play four measures of a four beat Andalusian Cadence in A minor and syncopate the final chord change to E7