

## Guitar 4 - Chords for Intermediate Beginners

### Your Sure Fire Practice Plan:

1. Play your warmup at a pace you can succeed at
2. Review your new skills.
3. Play along with your new song
4. Review your graduation requirements and celebrate your progress

*\*go to [nycguitarschool.com/members](http://nycguitarschool.com/members) for practice tips and videos.*

### Warmup Exercises

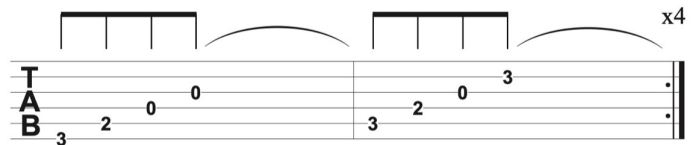
**Chord Review** - Use the best strum for each chord in the following progression

D	G	Em	
C	Am	D7	
C	A	E	

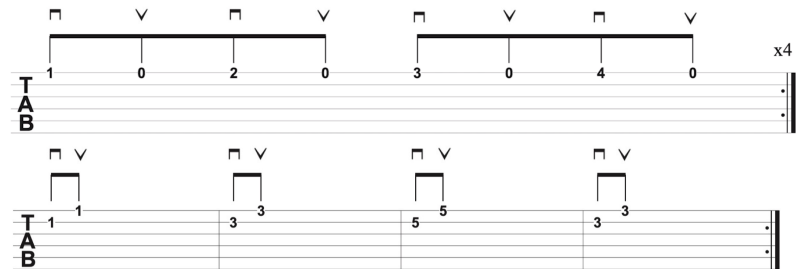
**Subdivision Exercise** - Using the G major chord, alternate a whole down strum with palm muted 8ths, the alternating 8th note strum, and the 16th note alternating strum

G	G	G	G
G	G	G	G

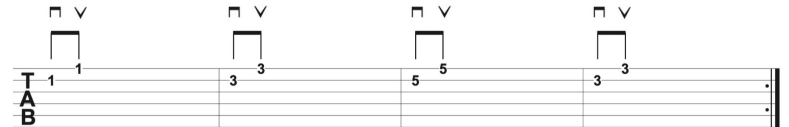
**Picking Exercise** - Using the G add 5 chord and the C add 9 chord, sweep your pick down the first 4 strings of each chord. As you switch chords make sure you get the “chunking motion”



**Fretting Exercise** - Alternate between the closed fret and the open string on the first string, using frets 1-4, and fingers 1-4



**Barre Exercise** - Using a small barre on strings 1 and 2, slide the barre up and back down the neck, playing string 1 then 2



### Graduation Skills

**Best Strum** - The following chord progression is in the key of C and uses the best strum for the entire exercise. Make sure you are using your last three fingers for the G chord

C	G	F	C
Am	Em	Dm	Am

**Bass Strum** - This exercise will use the bass strum to play through the following 8 chord progression, use beats 3 and 4 to change chords.

A	B7	C	D
E	F	G	G7