

Guitar 6 - Guitar Workshop for Intermediate Beginners

Your Sure Fire Practice Plan:

1. Play your warmup at a pace you can succeed at
2. Review your new skills.
3. Play along with your new song
4. Review your graduation requirements and celebrate your progress

**go to nycguitarschool.com/members for practice tips and videos.*

Warmup Exercises

Chord Review - Use a down strum and hold each chord for four beats

C
| G
| Am
| F
:|

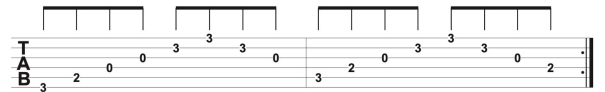
Subdivision Exercise - Using the G major chord, alternate the bass strum with palm muted eighths, alternating eighth note strums, and alternating sixteenth note strums

Palm Mute.....

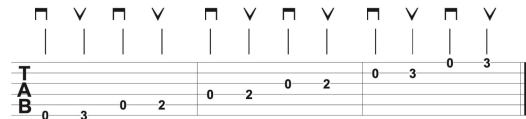
B
| G
| G
| G
|

B
| G
|

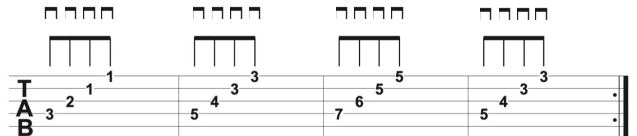
Picking Exercise - Using the G add 5 chord and the C add 9 chord, use alternate picking to arpeggiate through each chord



Fretting Exercise - Using quarter notes, play through an ascending G major/E minor pentatonic scale in the open position



Barre Exercise - Use a small form F major barre chord, pluck through the chord shape using eighth notes on beats "one" and "two" and use the remaining two beats to shift to the next position



Graduation Exercises


Slash Chords - Play the following progression, by first playing the bass note on the "one" and "and" of the first beat of each chord, followed by a down strum on the second beat

C
G/B
Am
G/B
|

G
D/F#
Em
D/F#
|


Alternate Bass Notes - Play the best strum with alternate bass notes on the "one" and "three" of each measure

E
B7
D
A
|



Bass Runs - Play the following progression, by first playing the bass note on the "one" and "and" of the first beat of each chord, followed by a down strum on the second beat.

C
F
C
G
C
|



Arpeggios - Demonstrate a classic arpeggio pattern in 3/4 time, picking downward for the first two notes of each chord, and picking upward for the final four.

Am
C
D
F
|



Am
C
E
E7
|

