NewYorkCity GuitarSchool
Online Worldwide — Live in New York City

Guitar 5 - Strums for Intermediate Beginners

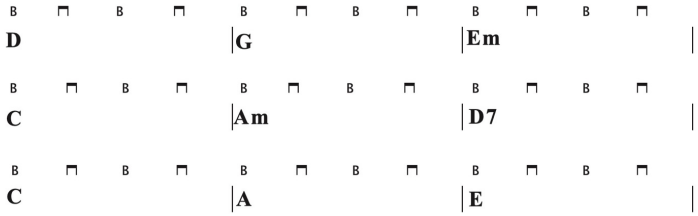
Your Sure Fire Practice Plan:

1. Play your warmup at a pace you can succeed at
2. Review your new skills.
3. Play along with your new song
4. Review your graduation requirements and celebrate your progress

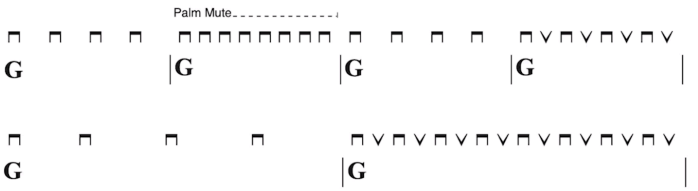
**go to nycguitarschool.com/members for practice tips and videos.*

Warmup Exercises

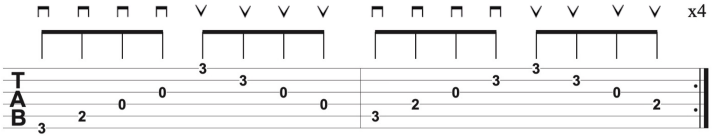
Chord Review - Use the bass strum twice on each chord for a full measure.



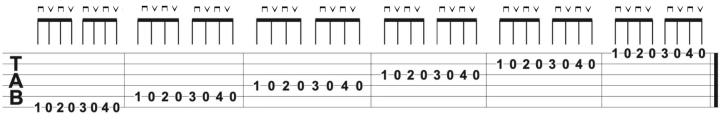
Subdivision Exercise - Using the G major chord, alternate a quarter note down strum with palm muted 8ths, the alternating 8th note strum, and the 16th note alternating strum



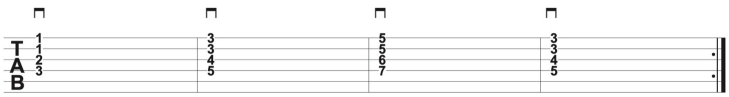
Picking Exercise - Using the G add 5 chord and the C add 9 chord, sweep your pick down the first 4 strings of each chord, and then up the last four. As you switch chords make sure you get the “chunking motion”



Fretting Exercise - Alternate between the closed fret and the open string on all six strings, starting with string 6, using frets 1-4, and fingers 1-4

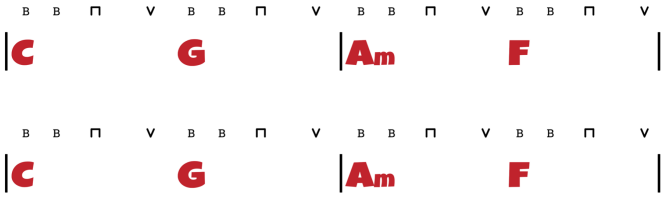


Barre Exercise - Use a small form F major barre chord starting on the first fret, strum and hold for 4 beats, then repeat the process on the 3rd and 5th frets, returning then back to the 3rd fret. Repeat this twice.



Graduation Exercises

I - V - VI - IV Chord Progression - Strum double palm muted bass notes on the “one” plus the “and” of one, a down strum on the “two” and syncopated 16th note up strum on the “uh” of two. Make sure you are using your last three fingers for the G chord.



Scratch Best Strum - Play four measures of the best strum with a scratch on the “two” and “four”

Syncopated Ballad Strum w/ Bass Note - Using a I-VI-IV-V progression in the key of C with a G7 as your final chord, play the syncopated balled strum for each measure, always beginning with a bass note